

NAME	SURNAME	SEX	CAT	CLUB	HEAT	LANE	START TIME
Andrew	Thompson	M	V	Leeds And Bradford Triathlon Club	1	1	10:00
Damian	Evans	M	O	Unattached	1	1	10:00
dave	thomas	M	V	Team Deviant	1	1	10:00
paul	griffin	M	O	Unattached	1	1	10:00
roger	mills	M	O	NEWT	1	2	10:00
Matthew	Crowley	M	O	Unattached	1	2	10:00
Julian	Sanders	M	O	Unattached	1	2	10:00
jonathan	davies	M	O	NEWT	1	2	10:00
Richard	Lewis	M	O	Celtic Tri	1	3	10:00
Ros	Edmonds	F	SV	Taff Ely Triathlon Club	1	3	10:00
Rachel Jane	Snook	F	O	Cardiff Triathletes	1	3	10:00
philippa	crocker	F	V	Kingswood Triathlon Club	1	3	10:00
Jan	Lloyd	F	V	Unattached	1	4	10:00
Pamela	Suter	F	O	Abergagenny Striders	1	4	10:00
Byron	Davies	M	O	Unattached	1	4	10:00
Hywel	John	M	O	Unattached	1	4	10:00
Yvonne	Brindley	F	V	NEWT	1	5	10:00
Vaughn	Williams	M	SV	Unattached	1	5	10:00
Gair	McAdie	M	O	Unattached	1	5	10:00
James	Davies	M	V	Celtic Tri	1	5	10:00
Marc	Yeoman	M	O	Unattached	1	6	10:00
Troy	Elliott	M	O	TriTalk.co.uk	1	6	10:00
Richard	Pinchin	M	O	BAD Tri	1	6	10:00
daryl	lynch	M	V	Tredegar Tri	1	6	10:00
Philip	Hawkins	M	V	Unattached	2	1	10:35
Euros	Jones	M	V	Ystwyth CC	2	1	10:35
Jonathan	Morris	M	O	Unattached	2	1	10:35
chris	sanders	M	O	Unattached	2	1	10:35
Mark	Sims	M	SV	Brecon Multisport	2	2	10:35
Lou	Summers	F	V	Chepstow Harriers	2	2	10:35
Chris	Baker	M	O	Unattached	2	2	10:35
Stuart	Stenhouse	M	O	Unattached	2	2	10:35
rich	evans	M	SV	Unattached	2	3	10:35
stuart	llewellyn	M	SV	NEWT	2	3	10:35
Robert	Woolacott	M	O	Unattached	2	3	10:35
Elizabeth	Hufton	F	O	Unattached	2	3	10:35
Matt	Morgan	M	O	Unattached	2	4	10:35
Gareth	Buffet	M	SV	Blaenafon Tri	2	4	10:35
Glyn	Williams	M	SV	Celtic Tri	2	4	10:35
Simon	heath	M	V	Unattached	2	4	10:35
Karin	heath	F	O	Unattached	2	5	10:35
Alex	Williams	M	V	Team Pie	2	5	10:35
catherine	etchell	F	V	Taf Ely	2	5	10:35
Allan	Pickles	M	O	Unattached	2	5	10:35
Brian	Mogford	M	SV	Clwb Triathlon Llanelli	2	6	10:35
Ian	Spilsbury	M	V	Unattached	2	6	10:35
Mike	Griffiths	M	O	Team Deviant	2	6	10:35
James	Nunn	M	O	Cardiff Triathlon Club	2	6	10:35
Anita	Tucknutt	F	O	Unattached	3	1	11:10
Jason	Tucknutt	M	V	Unattached	3	1	11:10
Leighton	williams	M	O	Celtic Tri	3	1	11:10
Esther	Barrett	F	O	Chepstow Harriers	3	1	11:10
Rhydian	Evans	M	O	Tri-Talk.co.uk	3	2	11:10

Dave	Bright	M	V	Corus Multisport	3	2	11:10
trish	Chalk	M	O	Monmouth Tri Club	3	2	11:10
Alex	Ilyat	M	O	Pembrokeshire Triathlon Club	3	2	11:10
Paul	Belcher	M	SV	Unattached	3	3	11:10
Carl	Gilmour	M	V	HAY HOTFOOTERS	3	3	11:10
Adrian	Pearce	M	V	Unattached	3	3	11:10
Dominic	Ryland	M	V	Cardiff Triathletes	3	3	11:10
Mark	Prout	M	V	RAF Triathlon	3	4	11:10
Maria	Prout	F	V	RAF Triathlon	3	4	11:10
Andrew	Edwards	M	O	Celtic Tri	3	4	11:10
Rob	Summers	M	V	Chepstow Harriers	3	4	11:10
Mark	English	M	V	Caldicot	3	5	11:10
Bethan	Fowler	F	O	the Trillife	3	5	11:10
Adam	Coates	M	O	Unattached	3	5	11:10
phillip	turner	M	V	llanelli tri	3	5	11:10
Andrew	Maclaen	M	V	Cardiff Triathlon Club	3	6	11:10
Jeff	Saycell	M	V	Ystwyth CC	3	6	11:10
Brian	Palmer	M	SV	Celtic Tri	3	6	11:10
wayne	cooper	M	V	Unattached	3	6	11:10
Craig	Williams	M	O	Griffithstown Harriers	4	1	11:35
Stephen	Caldwell	M	O	Chepstow Harriers	4	1	11:35
Graham	Jones	M	V	Carneddau Triathlon Club	4	1	11:35
Aled	Williams	M	SV	Celtic Tri	4	2	11:35
Paddy	Goodall	M	V	Unattached	4	2	11:35
Paul	Hughs	M	V	Pembrokeshire Triathlon Club	4	2	11:35
John	Peddar- Roberts	M	V	Gwent Triathlon Club	4	3	11:35
Edward	Morgan	M	SV	Taff Ely Triathlon Club	4	3	11:35
anthony	fidow	M	SV	gwent tri	4	3	11:35
james	manson	M	O	Cardiff Triathletes	4	4	11:35
Miles	Brown	M	V	Cardiff Triathletes	4	4	11:35
Gethin	Parnham	M	O	Unattached	4	4	11:35
sean	lambert	M	V	south wales fire	4	5	11:35
Andy	Pearce	M	V	Cardiff Triathletes	4	5	11:35
Dave	White	M	V	Climb on Bikes R.T.	4	5	11:35
Michael	Bool	M	O	Cardiff Triathlon Club	4	6	11:35
matt	newman	M	O	BADtri/MOTI/2XU/Giant	4	6	11:35
Richard	Wilder	M	O	Les Croupiers Triathletes	4	6	11:35